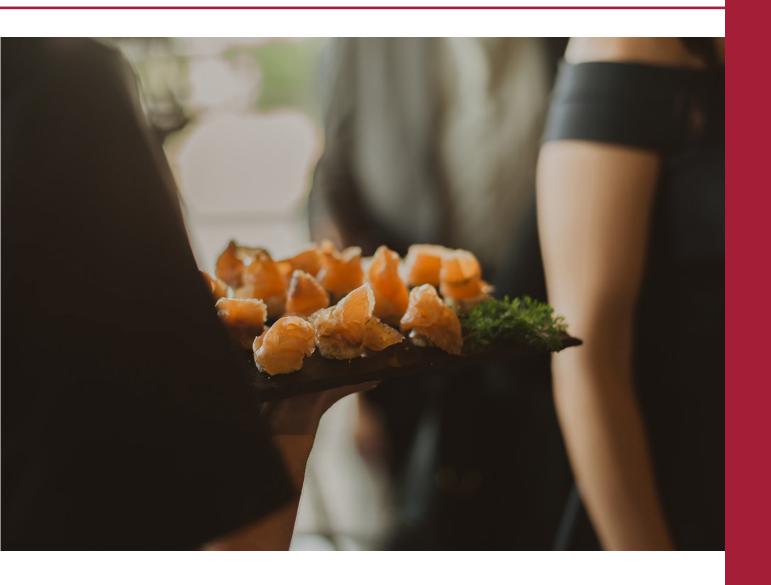


Coporate Menu



Order Monday-Friday until 5pm & Save 10%

HOT COMBOS

Banana Oatmeal Pancakes

Canadian

Scrambled eggs,

roasted potatoes,

maple bacon,

sausage & mini

Spolumbo's

croissant \$19.95

Classic

2 pancakes, 2 slices of bacon, hashbrown potatoes, butter & syrup \$12.99

Beyond Breakfast

Gluten free Beyond sausage, scrambled eggs, grilled tomato & roasted potatoes \$12.50

GF VEG

\$18.45

Farm Bagel

Bagel, egg, ham, spinach, tomato, & cheese with fresh fruit

Breakfast Burritos

12" flour tortilla filled with scrambled eggs, bacon, bell peppers & a three cheese blend.
Served with salsa & sour cream, country potatoes & fresh fruit

\$14.25

Gravlax Bagel

Smoked salmon, cream cheese, capers, red onion & lime wedge with fresh fruit \$23,50

Ukrainian Breakfast

Pan-fried perogies topped with onion served with sour cream, breakfast sausages & country potatoes \$12.50

Veggie Lettuce Wrap

Hummus, veggies & tofu served with grilled tomato & roasted potatoes

















LA CARTE

Banana Oatmeal **Pancakes**

Includes maple syrup, butter & strawberry compote (2pc)

\$12.50



Pancakes

Includes butter & syrup (cooked onsite) (2pc)

Selection of house pastries, mini croissants, muffins, Danish & scones

Breakfast Tray

\$10.15

Beef Breakfast Sausage (2pc)

\$4.00

French Toast

Saskatoon Berry compote, maple syrup & pecans \$10.25

\$4.25

Pork Breakfast Sausage (2pc)

\$3.55

Premade **Pancakes**

Includes butter & syrup (2pc) \$4.75

Quesadilla

Flour tortilla, cheese, ham, onion, bell pepper & side salsa \$10.50

Spolumbo's Chicken Apple Sausage (1pc 2 oz)

\$4.50

Waffles

Includes whipped cream, butter & syrup (2pc) \$6.25

GLUTEN FREE

Breakfast Potatoes 30z \$3.75 VG

Fruit Platter

Pineapple, cantaloupe, honeydew, berries & orange

\$6.95 **(G**)

Ham 307 \$3.00

Maple Bacon (2 Slices) \$3.00

Melon Fruit Platter

Watermelon, cantaloupe & honeydew

\$5.75 VG



Muffin \$6.00

Roasted Potatoes 307 \$3.75 VG

Scrambled Eggs (2pc) \$3.95

OTHERS

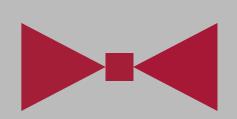
Breakfast **Parfait**

Creamy yougurt lavered with fresh berry compote & housemade granola \$8.00

Simply Continental

Selection of house pastries, mini croissants, muffins, Danish & sconrs served with fresh fruit salad \$15.95

HOT COMBINATIONS



AAA Alberta Beef Dip

Minimum order of 10 per meal

Includes freshly baked baguette & Chef's signature salad

\$21.45

Pan Seared Salmon

Includes seasonal vegetables, tabbouleh salad* & pita bread with hummus

\$23.00

AAA Beef Short Rib Medallion

Includes creamy garlic mashed potatoes, seasonal vegetables, Chef's signature salad & freshly baked bread with butter \$23.95

Ratatouille

Includes cous cous, Chef's signature salad & gluten free freshly baked bread

\$21.45





Butter Chicken

Includes basmati rice, Chef's signature salad & garlic naan \$21.45

Lemon Grass Chicken

Includes garlic rice, seasonal vegetables & Chef's signature salad

\$22.15



Tofu & Vegetable Stir Fry

Includes rice noodles & cabbage salad with peanut dressing**

\$21.45











*Quinoa, tomato, bell pepper & red onion with green goddess dressing

**Napa cabbage, cucumber, bell peppers, celery, red cabbage & lettuce

SANDWICHES & WRAPS

AAA Roast Beef

Shaved roast beef. horseradish aioli, caramelized onion, arugula & cheddar cheese \$13.75

BBQ Pulled Pork Chicken Salad

Smokey BBQ pulled pork & creamy coleslaw salad on a bun \$12.75

Tender chopped chicken, mayo, green onion, bell pepper & crisp lettuce \$12.50

Classic Reuben

Shaved peppered pastrami, sauerkraut, swiss cheese & housemade Russian dressing on marbled light rye bread \$12.50

Egg Salad

Fresh eggs, mayo, green onion, dill pickles, green leaf lettuce on brioche bread

\$9.75



Ham & Cheese

Black forest ham, cheddar, fresh tomato, mayo & crisp lettuce \$12.50

Lettuce Wrap

Fresh cucumber, carrot, bell peppers, tomato, avocado, hummus & alfalfa sprouts with vegan siracha aioli

\$12.25



GF VG

Pulled Brisket

Pulled brisket with pickled red onions, mayo & crisp lettuce on a pretzel bun \$14.00

Pulled Chicken Pesto

Pesto pulled chicken with arugula on ciabatta \$12.75

Smoked Turkey Club

Smoked turkey, roasted garlic aioli, smokey bacon, avocado, arugula, tomato & cheddar on sourdough bread \$13.95

Tuna Salad

Mayo, fresh dill, green onion, green leaf lettuce \$12.50

Vegetarian

Grilled veggies with cheese, chipotle aioli & lettuce \$12.50



Gluten Free G



Vegan



Vegetarian



Build Your Own Sandwich

Includes assorted deli meats, cheese & condiments *1.5 sandwiches per person

\$12.85

Cheese & Charcuterie

Cheddar, smoked gouda, Genoa salami, hot Calabrese salami, mortadella, crackers & crostini \$9.95

Domestic Cheese

Swiss, old cheddar, smoked gouda, jalapeno Havarti & brie with grapes & crackers \$10.95

Cubed Cheese

Swiss, cheddar, jalapeno Havarti, smoked gouda, marble cheese & crackers \$9.95

International Cheese

Bleubry, Cendrillion, Aged Caprano, Cantonnier, Cedre de Lune, Sir Laiurier, grapes, crackers, candied nuts & housemade compote **\$18.00**



PLATTERS

Charcuterie

Hot Calabrese salami, Genoa salami, prosciutto, bratwurst sausage, honey garlic pepperoni, housemade mustard with fresh & toasted baguette \$15.95

Mediterranean **Antipasti**

Prosciutto, hot Calabrese salami, hummus dip, roasted bell peppers, artichokes, pickled veggies, herb marinated feta & grilled pita bread \$12.95

Cold Meat

Deli turkey, roast beef, ham & pastrami \$12.50

Fruit

Pineapple, cantaloupe, honeydew, berries & oranaes

\$6.95





Garden Vegetable

Crudites red bell pepper, carrot, cherry tomatoes celery, cucumber & broccoli with choice of dip

\$4.95



Melon Fruit

Watermelon, cantaloupe & honeydew \$5.75



Pickled

An assortment of sesonal pickled vegetables

\$4.25





Roasted Vegetable

Egaplant, zucchini, cremini mushroom, bell pepper, carrot & broccoli served cold (seasonal)

\$5.75







Beet & Goat Cheese

Mix of garden greens, red beets, goat cheese & red onion with citrus vinaigrette Side: \$8.75 Dinner: \$14.00

GF

Caesar

Romaine lettuce. Parmesan cheese. croutons & Caesar dressing

Side: \$5.25 Dinner: **\$9.50**

Broccoli Apple

Apple, broccoli, dried cranberries, red onions & creamy honey cinnamon dressing Side: \$4.25

Dinner: \$9.50 @

Cobb

Romaine lettuce, hardboiled egg, Bleu cheese, bacon, chicken, tomato, avocado, cucumber & carrot with dill dressing

Side: \$8.25

Dinner: \$16.75 GF

SALADS

Greek

Cucumber, bell pepper, tomato, red onion, feta cheese, Kalamata olives & Greek dressing Side: \$5.50 Dinner: \$9.50

GF

Green

Lettuce mix. carrot, cucumber, cherry tomato, red cabbage & choice of dressing or vinaigrette Side: \$5.25

Dinner: **\$8.75**





Pasta

Pasta, red bell pepper, celery, sundried tomato, black olives, Asiago cheese & pesto Side: \$5.25

Potato

Baby potatoes, celery, red bell pepper, dill pickles & homemade creamy dressing Side: \$5.25





Spinach

Fresh spinach, mixed berries, almonds. housemade berry vinaigrette Side: \$5.25 Dinner: \$9.25





Add-Ons*

*All Add-ons are gluten-free Beef Skewer (2pc) \$9.50

Chicken Skewer (2pc) \$7.25 Vegetable Skewer (2pc) \$7.25 VG

Hardboiled Egg (1pc) \$1.50

Salmon Skewer (2pc) \$10.25

Shrimp Skewer (2pc) \$10.25

Tofu \$3.50 VG



Gluten Free



Vegan



Vegetarian

DESSERT



Chocolate Covered Strawberry

Fresh organic strawberry dipped in pure white & dark Belgian chocolate (lpc)

\$3.25 G

European **Pastries**

Delicate cream puffs, luscious tarlets, bite-sized dainty cakes (2pc) \$7.95



Chocolate **Dipped Cookie**

Freshly baked cookies dipped in premium Lindt chocolate (1pc) \$3.90

Finger Desserts

A sweet array of scrumptious cakes, sinful brownies & irresistible squares (2pc) \$6.25



Cookie Platter An assortment of cookies (1pc)

\$3,50

Fruit Skewer

Choice of plain, dusted with coconut or drizzled white & dark chocolate (1skewer)

\$5.75



Gluten Free Items Brownie Cookie

\$4.25

\$5.55

BEVERAGES

Assorted Pop **Bottled Water** 100% Fruit Juice \$4.50

Bubly Iced Tea Perrier Water San Pellegrino \$7.85

Coffee or Assortment of Herbal Teas *Includes disposable cups,

cream, sugar, stir sticks 10 cup - \$20.00

35 cup - \$63.00 50 cup - \$80.00 100 cup - \$140.00



NOTES

Order Monday-Friday & save 10% until 5pm



- Deliverly, labour & GST are additional
- Orders must be recieved 48 hours in advance
 - *Last minute orders may be possible*
- All items subject of availability
- Special orders are subject to additional charges

- Includes chafing dishes for hot food
- Individual packaging available
- Does not include disposable plates, cutlery or napkins
- Most menu items can be customized to be gluten free & vegetarian/vegan, please ask for details
- •Although we endeavor to accommodate those guests with food restrictions &/or alleries, we cannot guarantee the items ordered are 100% free of noted food restrictions or allergies



GET IN TOUCH

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